BEST DAY EVER ADVENTURE							
W	E	E	KI	LY	Schedule		

GOALS FOR THE WEEK:

5 minute Appointments:

Weekly Appointment:

Today is the best day ever.

Because if today were my last day,

I would want it to be my best day.

Therefore, today is the best day ever.

## Choose Joy! &

Important	events/meetings
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Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday:

Sunday:

## MEAL PLAN:

Monday	Tuesday	Wednesday	Thursday	Iriday	Saturday	Sunday

Monday	Tuesday	Wednesday	Thursday	Iriday	&aturday	Sunday